

# FA FINES, SUSPENSIONS & PENALTY POINTS 2025/26

The Penalty Points System aims to drive positive behaviour and act as a clear deterrent against unacceptable behaviour. A new behaviour improvement programme has been introduced this season to identify the worst offending clubs for incidents of behavioural offences such as dissent and violent conduct, along with poor overall matchday respect scores. To support everyone to uphold and improve the Standards of Behaviour in grassroots football England Football has also created The Behaviour Hub which can be found [here](#). The full FA Disciplinary Guide can be found [here](#).

Code	Offence	Fine	Suspension (Matches)	Penalty Points
C1	Unsporting Behaviour	£12	n/a	n/a
C2	Dissent (sin bin)	£12	n/a	4
C3	Persistently infringing the Laws of the Game	£12	n/a	n/a
C4	Delays the restart of play	£12	n/a	n/a
C5	Fails to respect the required distance at a restart	£12	n/a	n/a
C6	Enters or re-enters the field of play without the referee's permission	£12	n/a	n/a
C7	Deliberately leaves the field of play without the referee's permission	£12	n/a	n/a
S1	Serious Foul Play	£55	3	4
S2	Violent Conduct	£55	3	7
S3	Spitting at an opponent or any other person	£55	6	10
S4	Denial of an obvious goal-scoring opportunity by deliberately handling the ball	£35	1	n/a
S5	Denies an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick or a penalty kick	£35	1	n/a
S6	Use of offensive, insulting or abusive language and/or gestures	£45	2	7
S7	Receives a second caution in the same match (where both are for dissent)	£35	1	6

**Stage One Warnings** - Non-playing participants such as Team Managers and Coaches are subject to Stage One Warnings (SOWs), which are effectively a Yellow Card. SOWs accumulate during the season and should a non-playing participant receive a 3<sup>rd</sup> warning they will receive a 1-match suspension, a 6<sup>th</sup> warning then it will be a 2-match suspension, and a 9<sup>th</sup> warning will be a 3-match suspension.

SOW	Offence	Fine	Suspension (Matches)	Penalty Points
01	Clearly/persistently not respecting the confines of their team's technical area	£12	3 SOWs=1 6 SOWs=2 9 SOWs=3	n/a
02	Delaying the restart of play by their team			n/a
03	Deliberately entering the technical area of the opposing team (non-confrontational)			n/a
04	Dissent by word or action			4
05	Entering the referee review area (RRA)			n/a
06	Excessively showing the TV signal for a VAR 'review'			n/a
07	Excessively/persistently gesturing for a red or yellow card			n/a
08	Gestures which show a lack of respect for match officials e.g. sarcastic clapping			n/a
09	Gesturing or acting in a provocative or inflammatory manner			n/a
10	Persistent unacceptable behaviour (including repeated warning offences)			n/a
11	Showing a lack of respect for the game			n/a
12	Throwing/kicking drinks bottles or other objects			n/a
13	Other			n/a

## Notes:

- All Yellow Card fines listed are inclusive of a £12 administration fee. Match suspensions and fines apply when multiple caution thresholds are reached.
- All Red Card fines listed are inclusive of a £15 administration fee.
- Suspensions are served in the match-based Football Category in which they occurred.
- All suspensions start on the 7<sup>th</sup> day following the date the offence occurred.
- A player will receive an additional one-game suspension on top of the automatic suspension for every additional red card received in the playing season.
- Unsporting Behaviour - defined as: Adopting an aggressive attitude (AA), Simulation (SI), Dangerous Play (DP), Foul Tackle (FT), Goal Celebration (GC), Handball (HB), Reckless Play (RP), Pushing or Pulling an opponent (SP), Tripping (TR), Unspecified behaviour (UB).
- Violent Conduct - defined as: Head-to-Head, Elbowing, Kicking, Stamping, Striking, Biting & Other Unspecified Behaviour.
- For Proven Charges 5-10 Penalty Points may be awarded at the discretion of the Disciplinary Commission.
- Where a Charge is determined by the FA's National Serious Case Panel 7-10 Penalty Points may be awarded.